



SPEAKER KIT · 2026 – 2027

Christine Muya

CHIEF EXECUTIVE OFFICER · IMARA GROUP OF CONSULTANCIES

Physiotherapist, educator and rehabilitation researcher building capacity for Africa through research, training and digital learning.

10+ yrs

Clinical practice and university teaching

5 yrs

Leading the Department of Rehabilitation Sciences, AMIU

5

Physiotherapy programmes designed or led to accreditation

2027

Invited speaker, World Physiotherapy Congress

01 · BIOGRAPHY

About the speaker

SHORT BIO

FOR PROGRAMMES AND SOCIAL MEDIA · APPROX. 50 WORDS

Christine Muya is a Kenyan physiotherapist, educator and rehabilitation researcher, and Chief Executive Officer of Imara Group of Consultancies. She heads the Rehabilitation Sciences Department at Amref International University, Nairobi, and is a PhD candidate at Chiang Mai University, Thailand. Her work focuses on spinal cord injury, work-related conditions and digital learning.

FULL BIO

FOR WEBSITES AND PRINTED PROGRAMMES

Christine Muya is the Chief Executive Officer of Imara Group of Consultancies and a physiotherapist, educator and researcher based in Nairobi, Kenya. Since January 2021 she has led the Rehabilitation Sciences Department (Physiotherapy programmes) at Amref International University (AMIU), where she also serves as Lecturer and as the university's International Students Support Officer.

Her career spans more than a decade across Kenya and Botswana. Trained at the Kenya Medical Training College, she began as a clinical physiotherapist at Thuso Rehabilitation Centre in Botswana before becoming Lecturer and Assistant Head of Department at DDT College of Medicine in Gaborone. She holds a BSc (Hons) and an MSc in Physiotherapy from the University of the Western Cape, South Africa.

At AMIU she converted the BSc Physiotherapy curriculum to e-learning, drafted the e-learning MSc Physiotherapy with advanced tracks, and led the accreditation of four Advanced Diploma programmes. Her research focuses on traumatic spinal cord injury and work-related conditions in Kenya. She is a PhD candidate in Biomedical Science (Physiotherapy) at Chiang Mai University, Thailand, and an invited speaker at the World Physiotherapy Congress 2027.

CURRENT APPOINTMENTS

Chief Executive Officer

Imara Group of Consultancies

Head, Rehabilitation Sciences Department

Amref International University · since 2021

Lecturer, Physiotherapy Programmes

Amref International University · since 2023

International Students Support Officer

Amref International University · since 2025

EDUCATION

PhD candidate, Biomedical Science (Physiotherapy)

Chiang Mai University, Thailand · 2025 – 2028

MSc and BSc (Hons) Physiotherapy

University of the Western Cape, South Africa

Diploma, Physiotherapy

Kenya Medical Training College

02 · SPEAKING TOPICS

Talks she can deliver

01

Unlocking research excellence in low- and middle-income countries

How physiotherapists in resource-limited settings can conduct, publish and use high-quality research.

CONGRESSES · ACADEMIC AUDIENCES

02

Traumatic spinal cord injury in Kenya

What the evidence shows on prevalence and risk, and what it means for rehabilitation services.

CLINICIANS · POLICY MAKERS

03

Digital and blended learning in physiotherapy education

Lessons from converting a BSc Physiotherapy to e-learning and designing an online MSc.

UNIVERSITIES · EDUCATORS

04

Building and accrediting physiotherapy programmes

Curriculum design, quality assurance and accreditation in Kenya and Botswana.

ACADEMIC LEADERS · REGULATORS

Keynote

Conferences and professional association events

Panel or symposium

Speaker or moderator

Webinar

Online, any time zone

Workshop

CPD and Trainer of Trainers

03 · SUGGESTED HOST INTRODUCTION

TO BE READ BY THE HOST · APPROX. 30 SECONDS

HOST SCRIPT

"Our next speaker is Christine Muya, Chief Executive Officer of Imara Group of Consultancies and Head of the Rehabilitation Sciences Department at Amref International University in Nairobi. A physiotherapist with more than a decade of clinical and teaching experience across Kenya and Botswana, she has led the move of physiotherapy degrees to e-learning and researches spinal cord injury in Kenya. Please welcome Christine Muya."

04 · SPEAKING RECORD

Selected presentations



14 – 16 May 2027

Guadalajara, Mexico

World Physiotherapy Congress 2027 · Focused symposium

Unlocking Global Research Excellence: Promoting Greater Conduct and Publication of Physiotherapy Research in Low- and Middle-Income Countries. With Ranjeeta Acharya (Nepal), Mark Elkins (Australia) and moderator Alexandre Lopes (United States).

Mar 2025

Africa Health Agenda International Conference · Kigali, Rwanda

Co-author, "Health for All, Not for Some: Revamping the Global Health Architecture for Equitable Access"

Dec 2023

Amref International University PHC Congress · Nairobi

Poster on traumatic spinal cord injury in Nairobi, and two oral presentations

Dec 2022

Annual Scientific Conference · Kenya

Invited speaker: Graduate program in Kenya, a case of Amref International University

TO INVITE CHRISTINE, PLEASE SHARE

- | | |
|---|---|
| ● Event name, date and venue | ● Session length and suggested topic |
| ● Format: keynote, panel, webinar or workshop | ● In person (Nairobi or travel) or online |
| ● Audience size and profile | ● Contact person for logistics |

05 · PHOTOS & BOOKING

Approved headshots



Headshot 1 · Portrait



Headshot 2 · Portrait

High-resolution files are available on request. Please credit as **Christine Muya, CEO, Imara Group of Consultancies**.

BOOKING AND ENQUIRIES

RESPONSE WITHIN TWO WORKING DAYS

EMAIL · BOOKINGS

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LINKEDIN

[Christine Muya](#)

Stronger Clinical Rehabilitation for Africa, built
on Education, Research and Leveraging on Digital
Technologies.

IMARA GROUP OF CONSULTANCIES · WORK WITH US

